



**LIFE
LINE**
In solidarity with...



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PURPOSE OF LIFE

We are in confinement! No work! No social gatherings! No frequenting temples, mosques and churches as they are shut! Day by day, we notice the proliferation in the number of infected cases and deaths due to COVID 19. As we face the quandary of the pandemic, naturally a question surfaces in our minds: What is the propose of life?

Life of Communion: We need to look at the purpose of life within the purview of our identity as beloved sons and daughters of God. It is not enough to know “WHO AM I” but one needs to know “WHY AM I HERE”. The purpose of life is to live in communion with God, the Lifeline, others and creation. As we are created in the image and likeness of God who is LOVE, we are called to resemble that LOVE through our life of communion and interdependence. We receive LOVE and share LOVE.

God-seeking or self-seeking person: At this juncture, it is proper to ask, what is the purpose of my life? If God, creation and others do not find a place in the purpose of my life, then perhaps I may be a self-seeking person and if they find a place, then a God seeking person. Even my daily choices point to the purpose of my life: The life-promoting choices indicate the other-centredness in the purpose and the life-destroying choices point to self-centredness in the goal of my life.

Purpose bringing Meaning to Life: When the purpose of life is internalized, it will give meaning to one’s existence. Then one has a reason to live for, which will enable one to build resilience to face any adversity, to withstand any storm. One sees a light at the end of a dark tunnel. One is able to look beyond the struggles of life.

The intimate union with his ABBA articulated through his compassionate love towards the least of society made Jesus to sail through turmoil in his life with courage because he had a reason to live. His life was a purpose-driven life. He received LOVE and shared LOVE! Like Jesus, have I discovered the WHY (purpose) of my life? Am I convinced of the purpose?

Pause and Reflect

- As you do your examination of conscience daily, try to figure out whether you are a self-seeking person or God-seeking person.
- Look at your daily life these days amidst the pandemic; what do you feel deep within as you ponder over the purpose of your life?
- How have you faced adversities in life; with courage or fear? What has sustained you during the struggles and suffering in your life?
- Imagine that as you breathe in you breathe in the breath of God. By doing so you are receiving the love of God and while breathing out, imagine that you are breathing out the breath of God meaning that you are sharing the love of God with others and creation.

Purpose of Life: TO RECEIVE LOVE AND TO SHARE LOVE